

Certificate of Attendance



Benjamin Ryan Goldsworthy has attended the **Adult MHFA One Day** course and is now a **Mental Health First Aid Champion**. This course provides an understanding of common mental health issues and the skills to signpost people to support.

Dates of attendance

Start Date: **22/03/2019**

End Date: **22/03/2019**

Course delivered by

Nigel Maguire

Mental Health First Aid (MHFA) England is a community interest company working to increase mental health awareness and skills across society. Our range of courses are designed to empower people to support their own mental health and that of the people they connect with in life.

By giving people the facts about mental health and the practical skills to support wellbeing, we work towards building healthier communities free from stigma.



Simon Blake OBE
MHFA England Chief Executive

MHFA England CIC
21 Prescott Street
London, E1 8BB

mhfaengland.org
info@mhfaengland.org

0203 928 0760
CIC Registration Number: 702139