Greater Manchester | Greater Security | Greater Business

# Cyber Foundry

**Invest or Defend** 

Ben Goldsworthy, Jon Lomas & Zaffar Mughal Presented at Play Secure 2022













## **Overview**



- 1.Introductions
- 2.The problem
- 3. The workshop game
- 4. The online game

















School of Computing Lancaster & Communications University



Secure **Digitalisation** 

Greater Manchester | Greater Security | Greater Business ber Foundry

# Introductions



### **Ben Goldsworthy**

- · Lancaster University alumnus
- · ...and emeritus
- · Now an IT Consultant
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### **Jon Lomas**

- Business Support & Project
   Manager, Greater Manchester
   Cyber Foundry
- · Email: j.lomas1@lancaster.ac.uk



# Introductions



### **Zaffar Mughal**

- Technical Manager, Greater
   Manchester Cyber Foundry
- · Email: z.mughal1@lancaster.ac.uk



# **Greater Manchester Cyber Foundry**



- GMCF is a consortium of four Universities
- Enabled by £6m funding through ERDF
- Secure Digitalisation is delivered by LU
- Cyber innovation & growth programme
- Conferences, masterclasses, webinars
- Technical advice & briefing documents























# The Problem – Invest or Defend



An interactive, fun, and alternative way to understand controls, risks, attacks and actors



# **Learning Objectives**



- Recognise key cyber security terms for common attacks
- Understand the 5 control areas of Cyber Essentials
- Analyse scenarios in which cyber attacks have occurred
- Apply knowledge of controls to scenarios
- Assess appropriate safeguards of critical infrastructure services















# The Workshop Game



- Run in 4 cohorts between Mar 2019 and March 2020
- · 43 participants across 43 organisations
- Objective: To encourage players to consider the opportunity costs involved in security investment decisions, and to teach them how to better assess likely return on investment

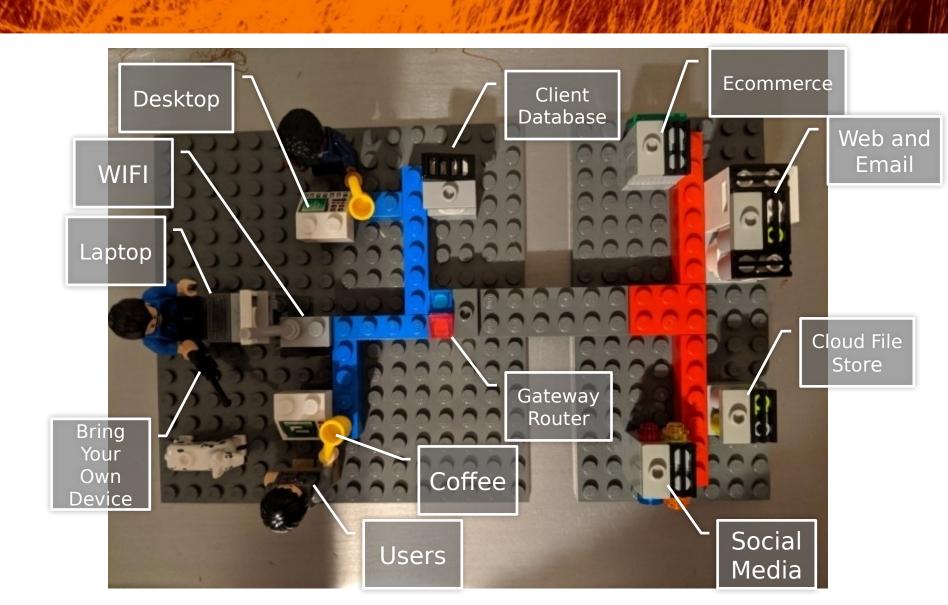
# Gameplay Loop



- 1. Each round, players are given a set amount of money which they can use to buy different cyber security controls
- Each control costs a different amount and protects a different asset – players must explain where they are implementing the control and why
- 3. Any unspent funds are then added to the player's balance
- 4. Cyber incidents are simulated, which may or may not succeed depending on which controls the player has implemented
- 5. Successful incidents have a cost, which comes off of the player's balance
- 6. The goal is to have the highest balance at the end of the game

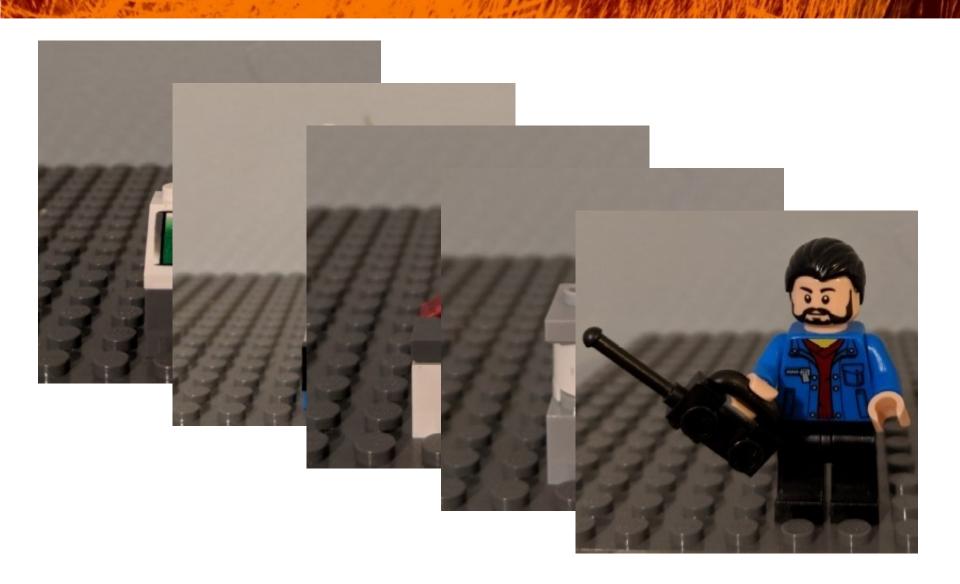
# The Board





# **Office Assets**





# **Internet Assets**





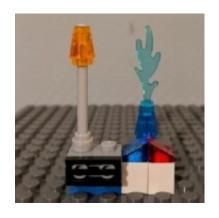
# **Impementing Controls**



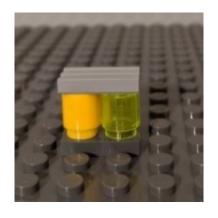


# **Controls - Technical**

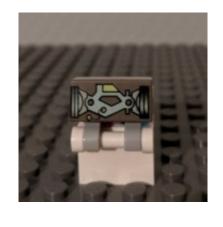








2 Factor





Firewalls
Protect
devices by
setting up
rules about
what network
traffic can go
in and out of
the device.

Auth
Protects a
service by
ensuring that
two methods
are used to
prove you are
a legitimate

user

AntiMalware
Installed on
devices and
is able to
detect
malicious
software if it
is known
about

# **Controls - Policy**

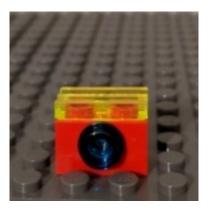




**BYOD Policy** 



**Password** 



**Patching** 



# Sets up specific policies on the use of personal devices and what control the business has over the

device

# Policy Enforces the use & management of strong passwords alongside making sure only

Policy
Makes sure
all devices,
operating
systems and
applications
are up to
date with the
latest
software and

Hardening
Makes sure
all devices
have a strong
security
configuration

**Device** 

# **Controls - Organisational**





### Asset and Threat Audit

Assesses
your network
for security
issues and
provides
threat
intelligence
on who might



### User Training

Trains users on appropriate security processes and ways they can protect themselves



### Incident Plan

Puts in place a plan in case a security event happens reduces the harm of an security attack

# **Control Cards**



### **FIREWALL**

(Database)



£500

Protects the database from malicious network attacks. Only permitted network traffic can reach the device

### **FIREWALL**

(Networking)



£500

Protects the office network from remote access and scanning. Remote attackers cannot reach the devices on the office network

### **FIREWALL**

(Computers)



Stops malicious traffic internal to the office network preventing compromised devices attacking others

### 2 Factor Auth

(Social Media)



£500

Uses two mechanisms to prove who you are and that you are authorised to use the service. Used when new devices are used.

### 2 Factor Auth

(Web & Email)



£1000

Uses two mechanisms to prove who you are and that you are authorised to use the service. Used when new devices are used.

### 2 Factor Auth





£1000

Uses two mechanisms to prove who you are and that you are authorised to use the service. Used when new devices are used.

### **User Training**

(Staff)



£2500

Trains users on appropriate security processes and ways they can protect themselves

### Passwords & Accounts Policy



£1500

Enforces the use and management of strong password alongside making sure only legitimate accounts are used

### **BYOD Controls**



Sets up specific policies on the use of personal devices and what control the business has over the

### **Patching Policy**



£1000

Makes sure all devices, operating systems and applications are up to date with the latest software and security fixes

### Device Hardening



£1000

Makes sure all devices have a strong security configuration

### Incident Response Plan



£1500

Puts in place a plan in case a security event happens reduces the harm of an security attack Whatever the loss retain £500

### Anti-Malware



Installed on devices and is able to detect malicious software if it is

### **Asset and Threat** Audit



£2500

Assesses your network for security issues and provides threat intelligence on who might

### 2 Factor Auth

(Cloud File Store)



£1000

Uses two mechanisms to prove who you are and that you are authorised to use the service. Used when new devices are used.

# **Audit Report**





# Example Round 1 - Buy



Round & CapEx	Cyber Investment	Cyber Items Bought	Why	Banked	Loss (Total Loss)
<b>1</b> £2500	£500	Network Firewalls			
2 £3000	£				
3	£				

# **Example Round 1 - Reason**



Round & CapEx	Cyber Investment	Cyber Items Bought	Why	Banked	Loss (Total Loss)
1 £2500	£500	Network Firewalls	To protect the main office network from everything on the internet		
2					
£3000	£				
3					
£3000	£				

# Example Round 1 - Bank



Round & CapEx	Cyber Investment	Cyber Items Bought	Why	Banked	Loss (Total Loss)
<b>1</b> £2500	£500	Network Firewalls	To protect the main office network from everything on the internet	£2000	
2					
£3000	£				
3					
f3000	£				

# **Example Round 1 - Attack**



Round & CapEx	Cyber Investment	Cyber Items Bought	Why	Banked	Loss (Total Loss)
1 £2500	£500	Network Firewalls	To protect the main office network from everything on the internet	£2000	£1000 <b>£1000</b>
2 £3000	£				
3	C				

# **Example Round 1 - Update**



Round & CapEx	Cyber Investment	Cyber Items Bought	Why	Banked	Loss (Total Loss)
1 £2500	£500	Network Firewalls	To protect the main office network from everything on the internet	£2000	£1000 <b>£1000</b>
2 £3000	£			£1100	
3	f				

# **Example Round 2 - Buy**



Round & CapEx	Cyber Investment	Cyber Items Bought	Why	Banked	Loss (Total Loss)
1 £2500	£500	Network Firewalls	To protect the main office network from everything on the internet	£2000	£1000 <b>£1000</b>
2 £3000	£1000	External Penetration Testing		£1000	
3					

# **Example Round 2 - Reason**



Round & CapEx	Cyber Investment	Cyber Items Bought	Why	Banked	Loss (Total Loss)
1 £2500	£500	Network Firewalls	To protect the main office network from everything on the internet	£2000	£1000 <b>£1000</b>
2 £3000	£1000	External Penetration Testing	To find out our weaknesses	£1000	
3					

# **Example Round 2 - Bank**



Round & CapEx	Cyber Investment	Cyber Items Bought	Why	Banked	Loss (Total Loss)
1 £2500	£500	Network Firewalls	To protect the main office network from everything on the internet	£2000	£1000 <b>£1000</b>
2 £3000	£1000	External Penetration Testing	To find out our weaknesses	£1000 £2000	
3					

# **Example Round 2 - Attack**



Round & CapEx	Cyber Investment	Cyber Items Bought	Why	Banked	Loss (Total Loss)
1 £2500	£500	Network Firewalls	To protect the main office network from everything on the internet	£2000	£1000 <b>£1000</b>
2 £3000	£1000	External Penetration Testing	To find out our weaknesses	£1000 £2000	£2000 <b>£1500</b>
3					

# **Game Progression**





























# Round 1 - Buy and Decide





























# Round 1 – Scanning



### **Script Kiddies**

- They are scanning your network to find vulnerabilities
- No real impact but you don't know what they will do next























# Round 2 - Buy and Decide



























# **Round 2 – Denial of Service**



### **Script Kiddies**

- Based on their scans the attackers launch a denial of service ransom attack
- Lose £1000 from your reserves to deal with the loss of work time























# Round 3 - Buy and Decide





























# Round 3a – Social Media Defacement



#### **Script Kiddie**

- The attacker has brute forced your passwords on your social media
- Public humiliation. Lose £500 from reserves

#### **Round 3b – Ecommerce Attack**



#### **Script Kiddie**

- The attacker has brute forced your passwords on your social media
- Public humiliation. Lose £500 from reserves

#### **Criminal Gang**

- A criminal Gang has targeted you brute forcing you passwords on ecommerce
- Lose all but £500 from your reserves



# Round 4 - Buy and Decide





#### Round 4a – Website Defacement



#### **Script Kiddie**

- Targets your webservice and brute forces password
- Public embarrassment. Lose £500 from reserves























#### Round 4b - Social Engineering



#### **Script Kiddie**

- Targets your webservice and brute forces password
- Public embarrassment, Lose £500 from reserves

#### **Criminal Gang**

- Drop pen drives near your office with ransomware
- Lose £1,000 from your reserves























# Round 5 - Buy and Decide





























#### Round 5a - Hidden Wifi Access



#### **Criminal Gang**

- They find a hidden Wi-Fi access point on your network. Attack Client database with a 0-day vulnerability
- Steal GDPR-covered data. Lose 50% (rounding up to nearest £500) from reserves



#### Round 5a - Hidden Wifi Access



#### **Criminal Gang**

- They find a hidden wifi access point on your network. Attack Client database with a 0-day vulnerability
- Steal GDPR-covered data. Lose 50% (rounding up to nearest £500) from reserves

#### **Nation State**

- Using the same access point and brute force weak passwords on user machines
- Steal IP data
- Lose £1,500 from reserves























# Round 6 - Buy and Decide





























## Round 6a – BYOD Attack



#### **Criminal Gang**

- Targets personal devices to steal client Data so GDPR breach
- Lose 50% (rounding up to nearest £500) from reserves



















### Round 6a – BYOD Attack

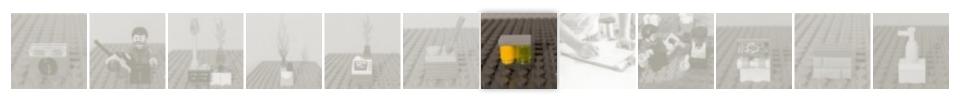


#### **Criminal Gang**

- Targets personal devices to steal client Data so GDPR breach
- Lose 50% (rounding up to nearest £500) from reserves

#### **Script Kiddies**

- Targets your Cloud File Store and brute forces a password
- Steal a load of data about the company and publishes it online
- Lose £1,500 from the reserves



# Round 7 - Buy and Decide





























#### Round 7 – Nation State 0-day



#### **Nation State**

- A nation state targets you with sophisticated 0-day attacks to get to your one of you new clients
  - The NCSC notifies you have been successfully attacked
- The nation state attempts to breach the client and compromise their systems
- Lose (rounding up):
  - all reserves if no incident response plan
  - 50% of reserves (rounding up) if you have staff training & asset/threat intel
  - 25% of reserves (rounding up) (leaving at least £500) if incident response plan in place

















#### **The Online Game**

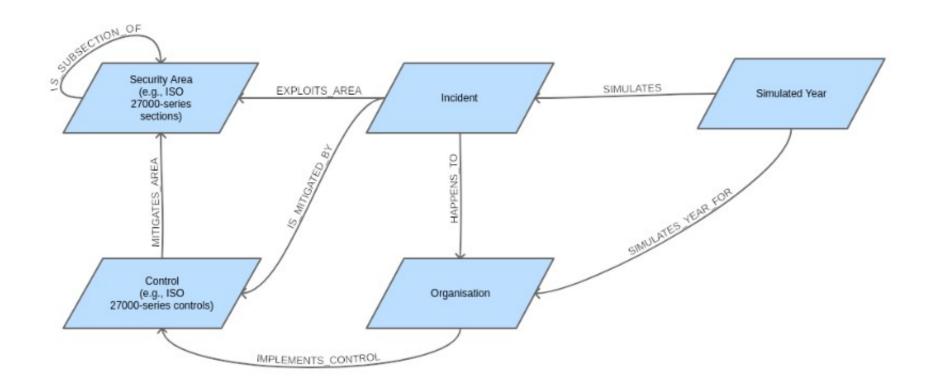


Everyone's stuck at home, and we can't run in-person workshops any more How can we extend the idea?

- 1. Online play
- 2. Non-deterministic (i.e., make it replayable)
- 3. Multiplayer (both competitive and co-operative)

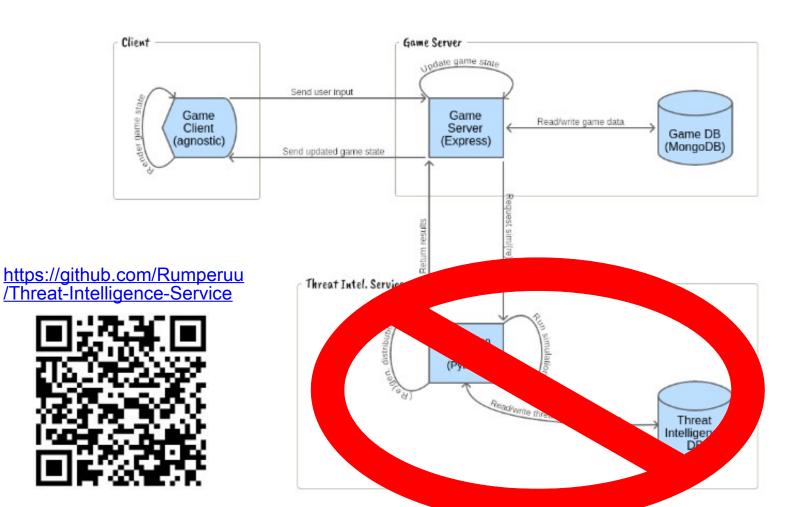
#### **Data Architecture**



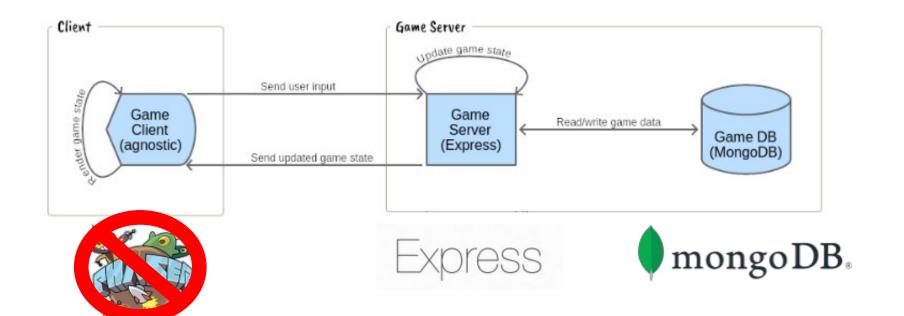


Data Source: Cyber Security Breaches Survey 2020







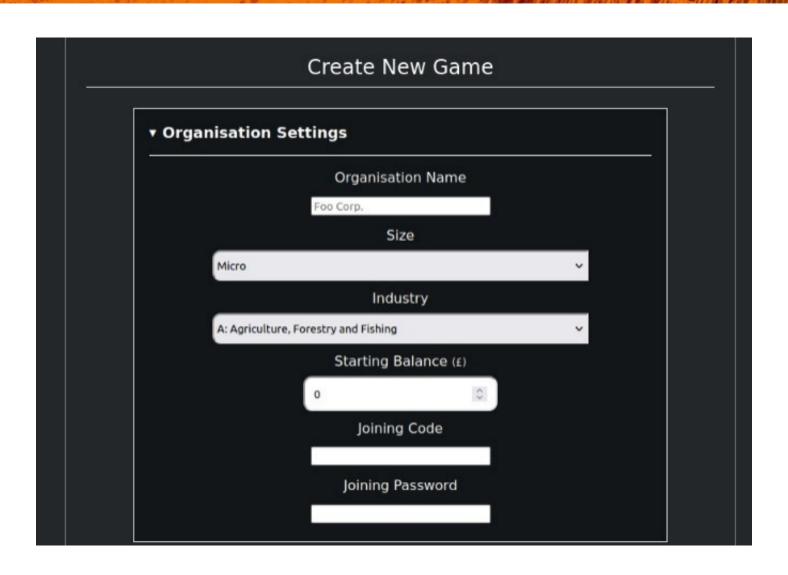


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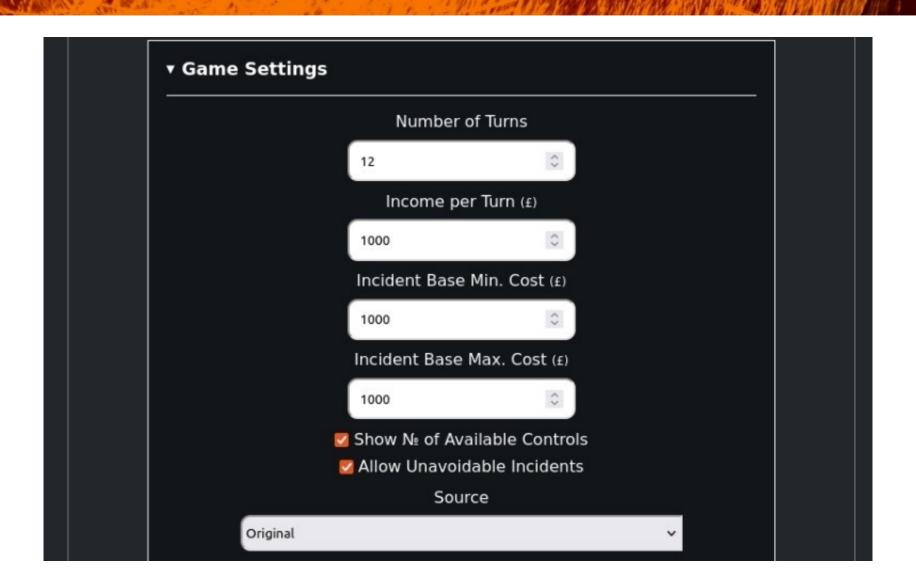




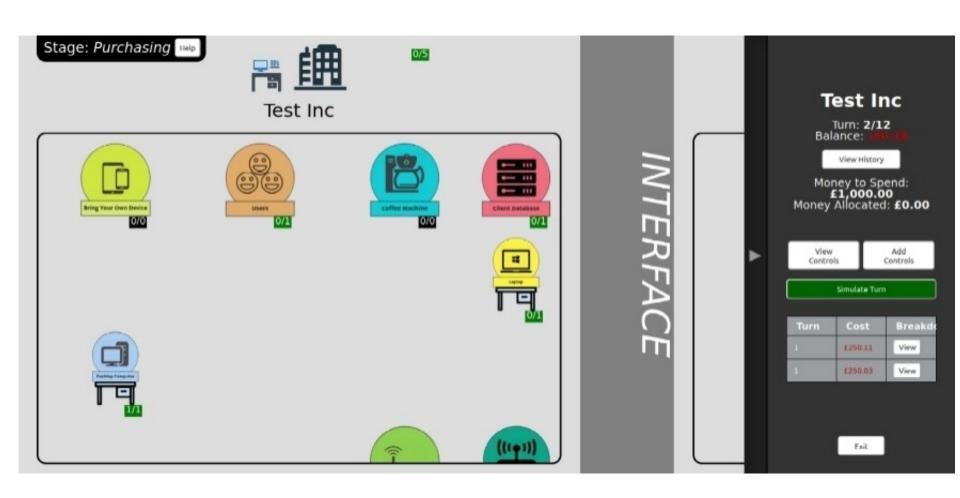




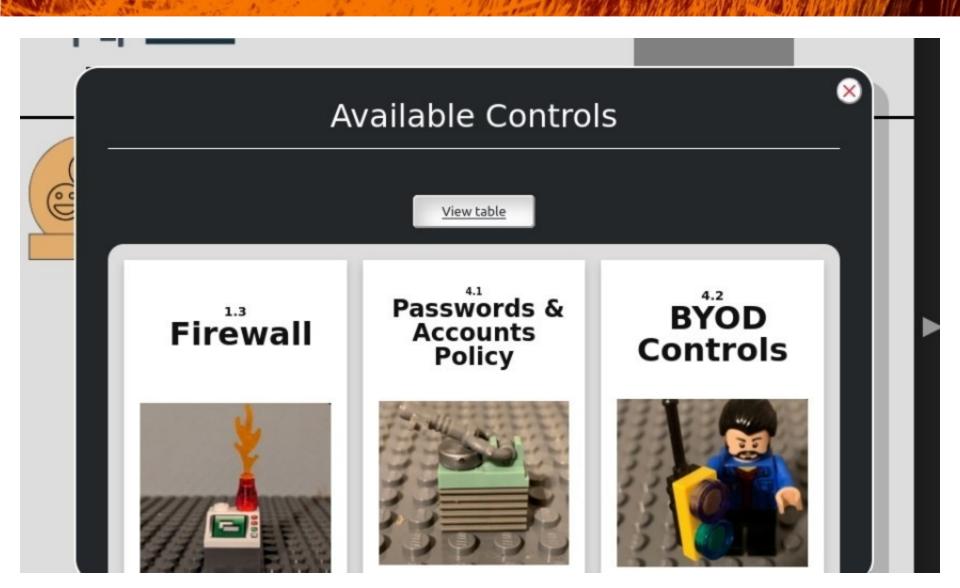


















Stops malicious traffic internal to the office network preventing compromised devices attacking others.

Cost: £500.00 Effectiveness: 80 %

Security Areas

1. Network Security

Remove



Enforces the use and management of strong passwords alongside making sure only legitimate accounts are used.

Cost: £1,500.00 Effectiveness: 80 %

**Security Areas** 

4. Governance

Insufficient Funds



Sets up specific policies on the use of personal devices and what control the business has over the device.

Cost: £500.00 Effectiveness: 80 %

Security Areas

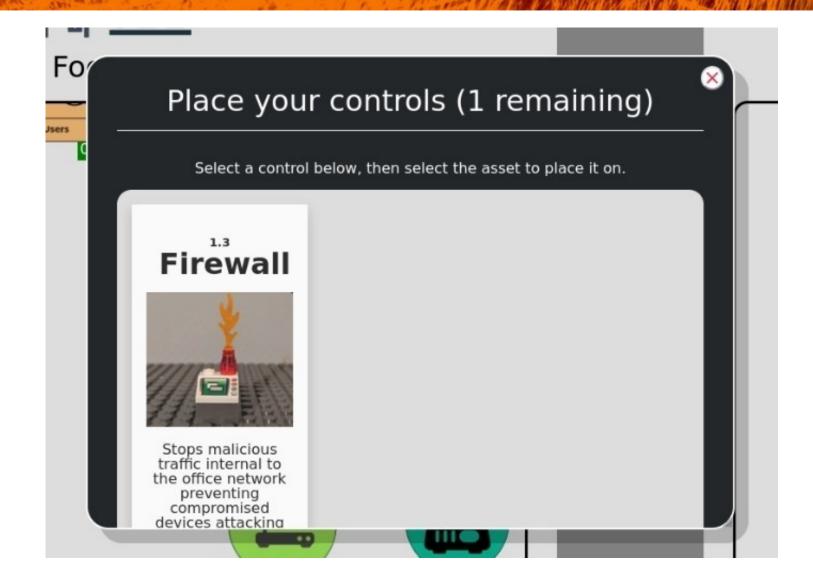
4. Governance

**Implement** 

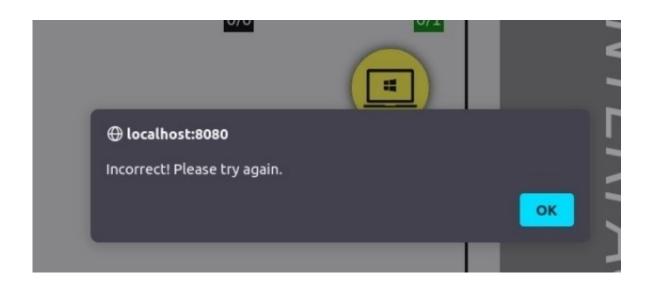
Databing

5.1

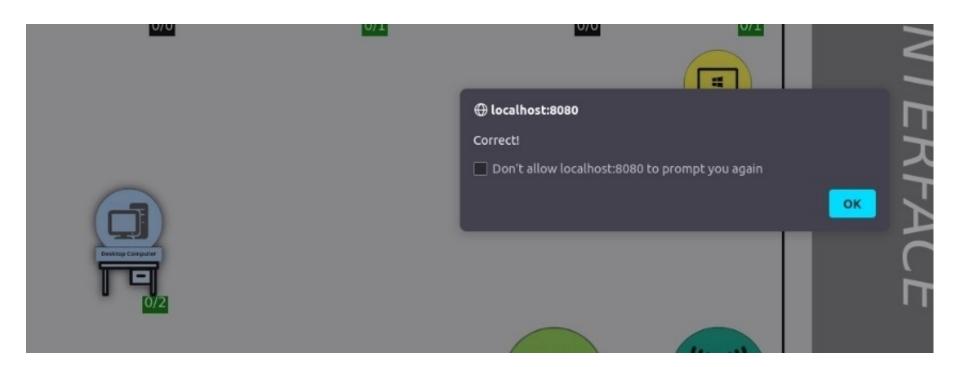




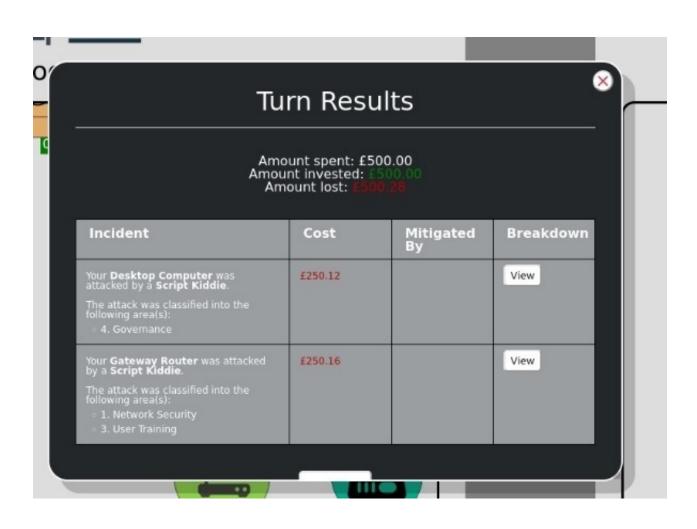




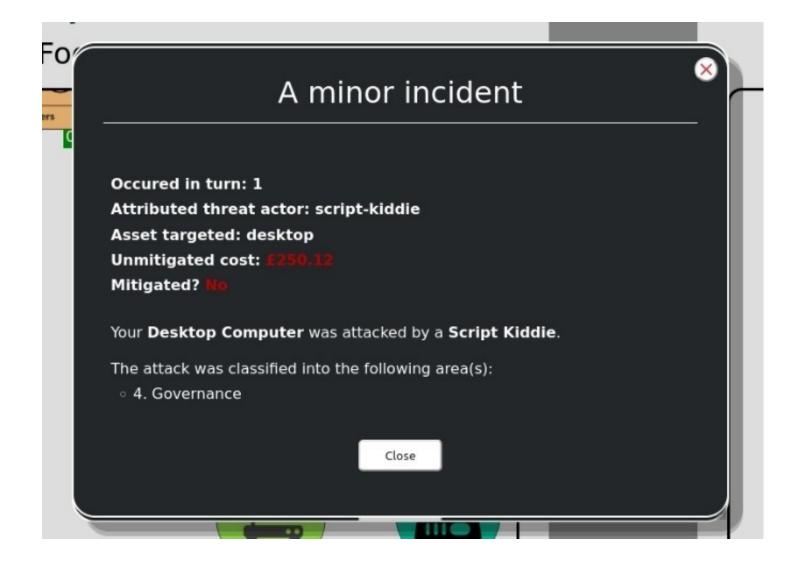




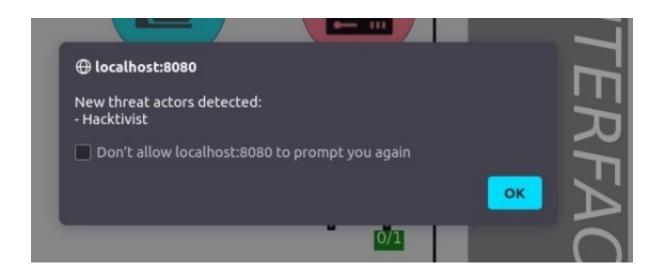




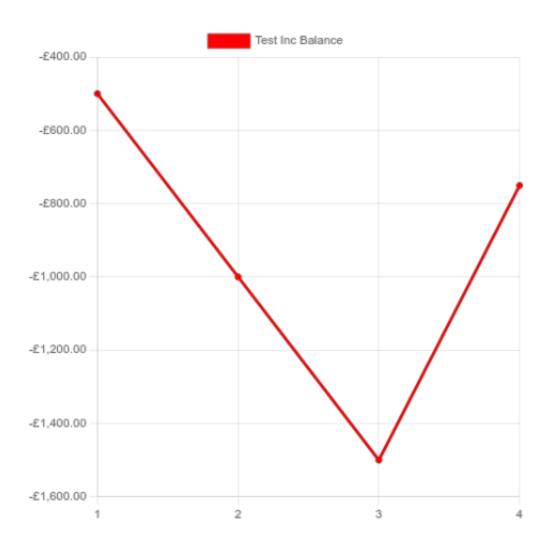








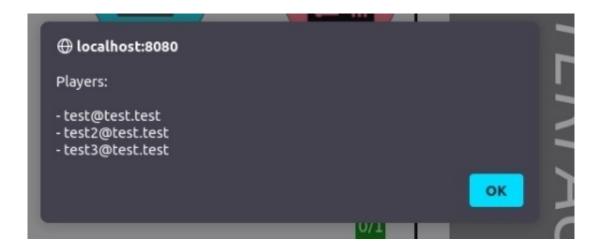




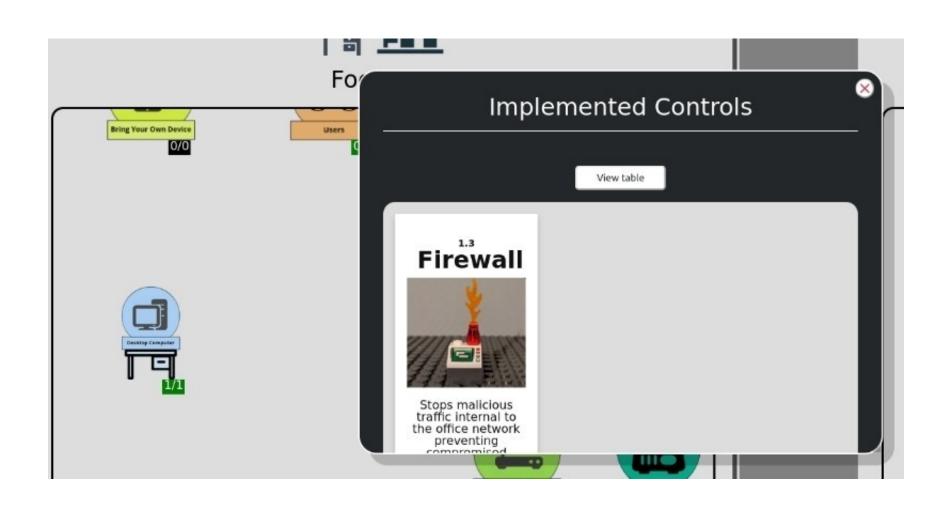












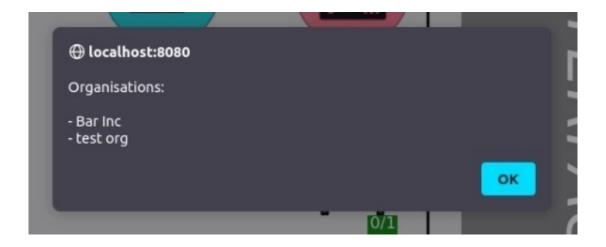


























Questions?











